



GOLDTHORN PARK  
Primary School

# PSHE 2020-2021

Elston Hall Multi-Academy Trust

# New PSHE curriculum

- ▶ Requirement to teach new Relationships and Health Education objectives - statutory from September 2020
- ▶ Our curriculum is based on the programme of study from the PSHE Association which covers statutory objectives and more
- ▶ Updated resources and content
- ▶ Long Term Plan sets out spiral curriculum by year group and term:
  - ▶ Autumn: Relationships
  - ▶ Spring: Living in the Wider World
  - ▶ Summer: Health and Wellbeing
  - ▶ However, many objectives overlap!
- ▶ Medium Term Plan sets out objectives (statutory in **bold**) and suggested resources. There are 3 topics per term for each theme.

	Autumn – Relationships			Spring – Living in the wider world			Summer – Health and Wellbeing		
	Families and friendships	Safe relationships	Respecting others and ourselves	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and mental wellbeing	Growing and changing	Keeping safe
Year 1	Roles of different people; families; feeling cared for	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful	What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Keeping healthy; food and exercise; hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online
Year 2	Managing friends; feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising things in common and differences; playing and working cooperatively; sharing opinions	Belonging to a group; roles and responsibilities; being the same and different in the community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	Why sleep is important; medicines & keeping healthy; healthy teeth; managing feelings and asking for help	Growing older; naming body parts; moving class or year	Safety in different environments; risk and safety at home; emergencies
Year 3	What makes a family; features of family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Different jobs and skills; job stereotypes; setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar places
Year 4	Positive friendships, including online	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Personal identity; recognising individuality and different qualities; mental wellbeing	Medicines and household products; drugs common to everyday life
Year 5	Managing friendships and peer influence	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Protecting the environment ; compassion towards others	How information online is targeted; different media types, their role and impact	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Healthy sleep habits; sun safety; medicines, vaccinations, immunisation and allergies	Physical and emotional changes in puberty; external genitalia; personal hygiene routines	Keeping safe in different situations, including responding in emergencies, first aid and FGM
Year 6	Attraction to others; romantic relationships; civil partnerships and marriage	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including discussing topical issues	Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Human reproduction and birth; increasing independence; managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug use and media

Year 4 Spring - Living in the wider world	<p><b>Belonging to a community</b></p> <p>What makes a community; shared Responsibilities</p> <p>PoS Refs: L4, L6, L7</p>	<ul style="list-style-type: none"> <li>the meaning and benefits of living in a community</li> <li>to recognise that they belong to different communities as well as the school community</li> <li>about the different groups that make up and contribute to a community</li> <li>about the individuals and groups that help the local community, including through volunteering and work</li> <li>how to show compassion towards others in need and the shared responsibilities of caring for them</li> </ul>	<p>1 Decision (8-11) The Working World – Chores at Home</p> <p>PSHE Association – Inclusion, Belonging and Addressing Extremism Lesson 2 – Belonging to a community (saved)</p> <p>RSPCA Compassionate Class Resources <a href="https://education.rspca.org.uk/education/teachers/primary/compassionateclass/resources">https://education.rspca.org.uk/education/teachers/primary/compassionateclass/resources</a></p>
	<p><b>Media literacy and Digital resilience</b></p> <p>How data is shared and used</p> <p>PoS Refs: L12, L13, L14</p>	<ul style="list-style-type: none"> <li>that everything shared online has a digital footprint</li> <li>that organisations can use personal information to encourage people to buy things</li> <li>to recognise what online adverts look like</li> <li>to compare content shared for factual purposes and for advertising</li> <li>why people might choose to buy or not buy something online e.g. from seeing an advert</li> <li>that search results are ordered based on the popularity of the website and that this can affect what information people access</li> </ul>	<p>Twinkl – Being Smart – online adverts (saved)</p> <p>BBC Bitesize – How Search Works <a href="https://www.bbc.co.uk/bitesize/clips/zspbcdm">https://www.bbc.co.uk/bitesize/clips/zspbcdm</a></p>
	<p><b>Money and Work</b></p> <p>Making decisions about money; using and keeping money safe</p> <p>PoS Refs: L17, L19 L20, L21</p>	<ul style="list-style-type: none"> <li>how people make different spending decisions based on their budget, values and needs</li> <li>how to keep track of money and why it is important to know how much is being spent</li> <li>about different ways to pay for things such as cash, cards, e-payment and the reasons for using them</li> <li>that how people spend money can have positive or negative effects on others e.g. charities, single use plastics</li> </ul>	<p>1 Decision (8-11) The Working world – Enterprise</p> <p>1 Decision (8-11) The Working world – In-app purchases</p> <p>Natwest Money Sense: How can I pay for things? (saved)</p> <p>Lessons about keeping our money safe – Age 7-9 Making Choices: Activity 4 – What I want, what I really, really want!; Activity 5 – Cash is not the only way to pay; Activity 6 – Lending and borrowing (saved)</p> <p>☺</p>

# Consultation

- ▶ We are required to consult with families and take their views into account
- ▶ Our Draft RSE policy and curriculum will be published on the website and we will invite parents to respond with their thoughts
- ▶ Once we have considered their views, the policy will go to governors for approval.

# PSHE planning and resources

- ▶ There is more content to cover and so we recommend a weekly slot in order to cover objectives thoroughly
- ▶ PSHE should be taught by teachers due to the nature of the content
- ▶ Use MTP as a guide and then plan individual lessons using PSHE planning proforma
- ▶ Suggested resources range from 1Decision, to written lesson plans from organisations such as NSPCC, to Bitesize videos
- ▶ It is really important that you review these suggestions and design lessons and activities to suit your children
- ▶ You may find other useful resources - great! But make sure these are not already allocated to another year group.
- ▶ Ensure LOs are measurable (not - 'to understand', but 'to explain' or 'to describe')

# Planning proforma



Goldthorn Park PSHE Planning Proforma 2020-21

Autumn Term Relationships

Date:

Theme: Families and Relationships

LO:

Teaching Focus:

Activities (+ differentiation)

Q/R

B/Y

G

# 1Decision

- ▶ Lots of time spent reviewing a range of resources!
- ▶ 1Decision has interactive videos, slideshows and resources to support each lesson. Some slideshows may need delivering over a couple of sessions depending on time?
- ▶ Login: goldthornpark Password: PSHE
- ▶ Lets have a look!
- ▶ <https://schools.1decision.co.uk>



RESOURCES HOME

[BACK TO MAIN SITE](#)

## Nurture Group

FOR STUDENTS AGED 4-11

## Early Years

TRIAL AVAILABLE NOW

## Primary Resources

FOR STUDENTS AGED 5-8

## Primary Resources

FOR STUDENTS AGES 8-11

## RSE Only

FEATURED IN 5-8 & 8-11 SUBSCRIPTIONS

## Online Store

VISIT OUR SHOP TODAY



[Home](#)

[My Account](#)

[How It Works](#)

[Ask a question](#)

[Logout](#)

MY MODULES - 8-11

Keeping/Staying  
Safe

Keeping/Staying  
Healthy

Growing  
and Changing

Being  
Responsible

Feelings  
and Emotions

Computer  
Safety

The Working  
World

A World Without  
Judgement

## Essential Downloads and Videos



Teacher Notes



Assessment Guide



Word Bank



Student Self-Assessment



Lesson Guide - Healthy Living



Lesson Guide - Smoking



Lesson Guide - Alcohol



Video - Healthy Living



Video - Smoking



Video - Alcohol



Video Discussion Guidance



Video - Adult Views



Video - Childrens Views

## Activity Worksheets



# What next?

- ▶ Locate all documents on Cloud - MTP, planning pro-forma, suggested resources
- ▶ Begin to plan out sequence of lessons for Autumn theme
- ▶ Review Resources as you go along including 1 Decision
- ▶ First lesson - establish ground rules *with* class to refer back to each lesson