

WEEK 1 MENU



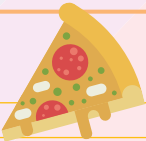
MONDAY

Pork or Chicken Sausage

Linda McCartney Vegetarian Sausage ✓

Creamed Potatoes · Baked Beans · Sweetcorn

Freshly Made Crispy Cornflake Cake with Custard or Fresh Fruit Salad & Yoghurt



TUESDAY

Roast Turkey

Cheese & Tomato Pizza ✓

Potato Wedges
Vegetable Medley · Mixed Salad

Chocolate Sponge with Custard or Cheese Cracker



WEDNESDAY

Freshly Made Cottage Pie

Meat Free Pasty ✓

Diced Herb Potatoes · Broccoli · Cauliflower

Homemade Crunchies
or Fresh Fruit Salad & Yoghurt



THURSDAY

Wallace & Gromit Pasta Bar with a Choice of Toppings Served with a Selection of Freshly Prepared Salads

Jumble Jelly
with Seasonal Fruit
or Cheese Cracker



FRIDAY

Battered Fish

Homemade Cheese & Onion Whirl ✓

Chips · Peas · Coleslaw

Homemade Peach Melba
or Cheese Cracker



WEEK 2 MENU

MONDAY

Wallace & Gromit Pasta Bar with a Choice of Toppings Served with a Selection of Freshly Prepared Salads



Apple Viennese
or Fresh Fruit Salad
& Yoghurt

COOK'S CHOICE TUESDAY

Homemade Chicken Curry or Chicken Casserole

Vegetable Biryani ✓

Creamed Potatoes · Brown Rice
Garden Peas · Cauliflower

Jelly with Fruit Cocktail
or Cheese Cracker



WEDNESDAY

All Day Breakfast Brunch

Vegetarian Breakfast Brunch ✓

Hash Brown Bites · Baked Beans · Tomatoes

Fresh Fruit Salad & Yoghurt
or Cheese Cracker



THURSDAY

Roast Turkey

Vegetarian Meatballs in Gravy ✓

Boiled Potatoes · Green Beans · Sliced Carrots

Iced Sponge with Custard
or Fresh Fruit Salad & Yoghurt



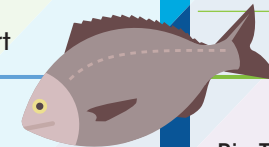
FRIDAY

Fish Fingers or BBQ Fish Goujons

Homemade Pizza Pinwheel ✓

Potato Wedges · Sweetcorn · Garden Peas

Freshly Made Shortbread with Custard
or Cheese Cracker



WEEK 3 MENU

MEAT FREE MONDAY

Cheese & Tomato Pizza ✓

Vegetarian Cassoulet ✓

Potato Wedges · Sweetcorn · Mixed Salad

Freshly Made Flapjack
or Fresh Fruit Salad & Yoghurt



TUESDAY

Roast Chicken

Quorn Roast ✓

Creamed Potatoes · Cabbage · Carrots

Apple Charlotte with Custard
or Cheese Cracker

WEDNESDAY

Wallace & Gromit Pasta Bar with a Choice of Toppings Served with a Selection of Freshly Prepared Salads



Homemade Melting Moments
or
Fresh Fruit Salad & Yoghurt



THURSDAY

Chicken or Pork Meatballs in Tomato Sauce

BBQ Quorn Bun ✓

Brown Rice · Potato Wedges
Vegetable Medley · Homemade Coleslaw

Fresh Fruit Salad & Yoghurt
or Cheese Cracker

FRIDAY

Big Tasty Fishcake or Breaded Salmon Fish Fingers

Meat Free Sausage Roll ✓

Chips · Peas · Baked Beans

Freshly Made Alien Crunch with Custard
or Fresh Fruit Salad & Yoghurt



Available Daily



Water, Milk, Fresh Fruit, Crudités and Freshly Baked Bread. Please Note: We use Seasonal Fruits and Vegetables where possible. ✓ = Vegetarian

Jacket Potatoes, Sandwiches, Baps and Wraps with various fillings



2018-2019

LUNCHTIME Term Dates



Week 1 - Term Dates

2018 Dates

3 September 24 September
15 October 12 November 3 December

2019 Dates

7 January 28 January 25 February
18 March 8 April 13 May
10 June 1 July 22 July

Week 2 - Term Dates

2018 Dates

10 September 1 October
22 October 19 November 10 December

2019 Dates

14 January 4 February 4 March
25 March 29 April 20 May
17 June 8 July

Week 3 - Term Dates

2018 Dates

17 September 8 October
5 November 26 November 17 December

2019 Dates

21 January 11 February 11 March
1 April 6 May 3 June
24 June 15 July

Welcome to Your New Menu

Provided by Catering Services • City of Wolverhampton Council

Did You Know...

Banana plants grow up to 25 feet high and their leaves can grow to be 9 feet long and 2 feet wide. A cluster of bananas is called a hand and a single banana is called a finger. About 75 percent of the weight of a banana is water.



LUNCHTIME Theme Dates



There are lots of Theme Days for the 2018/19 School Lunch Menu. Christmas Lunch is a firm favourite with both adults and children, where staff and pupils join together to enjoy some traditional Christmas fare.

Dates and themes will be confirmed nearer the time and may vary from school to school.

Please check with your child's school for further details.

100th Anniversary Armistice Day 12th November

Bonfire Night - November 2018

Christmas Lunch - December 2018

Chinese New Year - February 2019

St George's Day - April 2019

Eat A Rainbow Week - June 2019

Year 6 Leavers' Celebration - July 2019



Menu Pricing



All children in Reception, Year 1 and Year 2 can enjoy school meals for free. Children in Years 3 and above may be able to claim free school meals*. To apply, contact your child's school or the Local Authority on **01902 554128** or email **freeschoolmeals@wolverhampton.gov.uk** for more information.

Your child's school will let you know if and how much you will need to pay for school meals.

Alternatively, please contact **Jo Smith, Service Development Team Leader**, on **01902 554283** or by email **jo.smith@wolverhampton.gov.uk**

**eligibility criteria apply – for more information, visit www.wolverhampton.gov.uk/freeschoolmeals*



Food Allergies



Some of our menu items contain allergens, including: Cereals containing Gluten, Milk, Eggs, Fish, Shellfish, Soya, Celery, Mustard, Sulphites, Sesame and Lupin. Peanuts and Nuts are also classed as allergens, but these are not used on our menu.

Our professional and dedicated catering team are able to provide details of food allergens on request. We are able to cater for medically diagnosed food allergies and intolerances by working closely with the dieticians at New Cross Hospital. This menu is provided to schools across Wolverhampton. However, some schools may request changes or provide an additional choice.

For more information on allergies or special diets please visit: www.wolverhampton.gov.uk/catering or please contact Catering Services on **01902 555223** or cateringcleaning@wolverhampton.gov.uk



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