

Beaudesert Outdoor Centre

Thursday March 30th.- Friday March 31st.



Where are we going?

Beaunesert Outdoor Activity Centre

Beaunesert Park

Cannock Wood

Rugeley

Staffordshire

WS15 4JJ



Beaunesert
Outdoor Activity Centre
Adventure Made Easy



Beaunesert Outdoor Activity Centre is 12 miles from our school and we will be travelling by coach.

A member of staff has made a pre-visit to the centre to assess facilities, surroundings and safety procedures.

How do I pay?

The total cost of this trip will be **£90**, including a **£20** non-refundable deposit which should be paid by **Monday November 15th**. to **secure your child's place**.

Due to ever-rising costs of transport and activities, please note school has once again **heavily** subsidised this trip in order to make it more affordable to parents. The cost includes: transport, all activities, accommodation and food for the duration of our stay.

The remaining £70 can be paid in instalments to suit you; weekly, monthly or in a lump sum by **Monday March 7th**. **2023**. All payments will need to be made through Arbor – we strongly recommend that you stagger the payments for this.

Where will we sleep/eat?



Food:

Food is eaten in the dining hall with a self-service system similar to school.

- Breakfast – choice of cooked and cereals.
- Packed lunch.
- Evening meal – 2 course meal.
- Supper – Hot Chocolate and a treat.

Accommodation:

Our accommodation will be 'Alpine Barn'. Boys and girls sleep separately in the same secure building with the staff bedrooms situated next to/ between them. Each small dormitory has bunkbeds and can sleep 4-6 pupils.

At bedtime, children will settle down for the night with a story in their dormitories. Once the children are settled, teachers will check on the children until they are ready for bed themselves.







Cal Day Cafeteria Example Menu

This is an example menu. Meals are subject to change depending on availability of ingredients.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast						
Boiled egg (V) A choice of Cereal; Toast and Jam; Chef's choice of pastry; Yoghurt and Fruit	Potato waffle and baked beans (V) A choice of Cereal; Toast and Jam; Chef's choice of pastry; Yoghurt and Fruit	Warmed breakfast pancake with syrup A choice of Cereal; Toast and Jam; Chef's choice of pastry; Yoghurt and Fruit	Pork sausage or Vegetarian sausage (V) and baked beans (V) A choice of Cereal; Toast and Jam; Chef's choice of pastry; Yoghurt and Fruit	Croissant and jam A choice of Cereal; Toast and Jam; Chef's choice of pastry; Yoghurt and Fruit	Bacon or Vegetarian sausage (V) in a roll A choice of Cereal; Toast and Jam; Chef's choice of pastry; Yoghurt and Fruit	Pork sausage or Vegetarian sausage (V) and baked beans A choice of Cereal; Toast and Jam; Chef's choice of pastry; Yoghurt and Fruit
Lunch						
Wikinger Hot Dog/Quorn hot dog (V) with onions Bag of Crisps; Salad and Fruit Chef's Choice of Dessert	Chicken Nuggets or Quorn nuggets (V) in a wrap with a choice of sauces Bag of Crisps; Spaghetti Hoops Salad and Fruit Chef's Choice of Dessert	Pizza slice (V) Bag of Crisps; Salad and Fruit Chef's Choice of Dessert	Macaroni Cheese Choice of Vegetables and Side Salad and Fruit Chef's Choice of Dessert	Beef burger or Vegetarian burger Bag of Crisps; Salad and Fruit Chef's Choice of Dessert	Chef's Choice of Savoury Pastry Bag of Crisps; Salad and Fruit Chef's Choice of Dessert	Ham or Cheese (V) Sandwich Bag of Crisps; Salad and Fruit Chef's Choice of Dessert
Evening Dinner						
Spaghetti and Meatballs or Quorn meatballs (V) with bolognese sauce (V) Salad Bar Chef's choice of dessert	Sausage or Vegetarian sausage (V) and mash; Seasonal Vegetables Salad Bar Chef's choice of dessert	Roast chicken or Oven-cooked Chicken-Style Fillet (V) and gravy; Chef's Choice of Potato; Seasonal Vegetables Salad Bar Chef's choice of dessert	Chicken or Vegetable (V) Curry with rice Salad Bar Chef's choice of dessert	Fish cake or Vegetable Finger (V) Chef's Choice of Potato and Seasonal Vegetables Chef's choice of dessert	Cottage pie or Quorn cottage pie; Seasonal Vegetables Salad Bar Chef's choice of dessert	Beef or Vegetable (V) Lasagne; Seasonal Vegetables Salad Bar Chef's choice of dessert

What will we eat?

Catering

Catering takes place in the new Cal Day Cafeteria.

The varied menu includes a range of hot meals throughout the week.

The Guest Services Team send a request for dietary information in good time before your booking, so that every dietary requirement that we know about beforehand can be catered for.





What will we do?

Activities

Each day of a package includes four adventurous activities per participant. The Guest Services Team support this programme planning, but all of our activities are available to choose from.

Each evening includes an additional group activity such as a campfire, outdoor games or mini Olympics. These are also agreed at the time of booking your activities.



Itinerary

An overview of our plan for activities – this may be subject to change nearer the time.

Times	Group 1	Group 2	Group 3	
Thursday 7 th April 2022 From 10-30am	Arrive			
12.15pm	Own Lunch - <u>BRING A PACKED LUNCH</u>			
2pm - 3-15pm	Archery	Crate Stacking	Caving	
3-45pm to 5pm	Caving	Archery	Crate Stacking	
5-15pm	Evening Meal			
7pm	Evening Entertainment - Campfire			
8-30pm	Hot Chocolate and biscuits			
Friday 8 th April 2022				
8am	Breakfast			
9am-10.15am	Crate Stacking	Caving	Archery	
10.30-11-45am	Pedal Karts	Challenge Course	Shelter Building	
12.15pm	Lunch			
1pm	Pack			
2pm	Depart			









Can we take spending money?

The children will have the opportunity to visit the Souvenir Shop to treat themselves to a small reminder from their visit.

Children must not bring or pack their own snacks and drinks as this can attract unwanted visitors to the dormitories! There will be plenty to eat during the residential!

We recommend no more than £5.00 spending money. All money will need to be secured in an envelope with your child's name and the amount clearly written.

Please send this into school no later than Friday March 24th.



Kit List



- Sleeping bag
- [REDACTED]
- Pillow
- Wash kit (tooth brush, tooth paste, soap)
- Towel
- Pyjamas
- Underwear
- Socks
- T-shirts
- Shorts
- Long trousers
- 2 Warm layers (hoodie or fleece)
- Waterproof coat
- At least one full change of clothing per day
- Two pairs of shoes – trainers or walking boots/shoes
- Spending money for the shop
- Medication (please hand this to your leaders)
- Book, teddy and game for quiet time (optional)
- Sun cream and hat
- Water bottle
- Kit bag, suitcase or rucksack to carry it all in.

What will I need to pack?

Don't bring:

- Your favourite 'best' clothes.
- Electronic games/phones
- Anything that can easily be damaged or broken.

What about medicines?

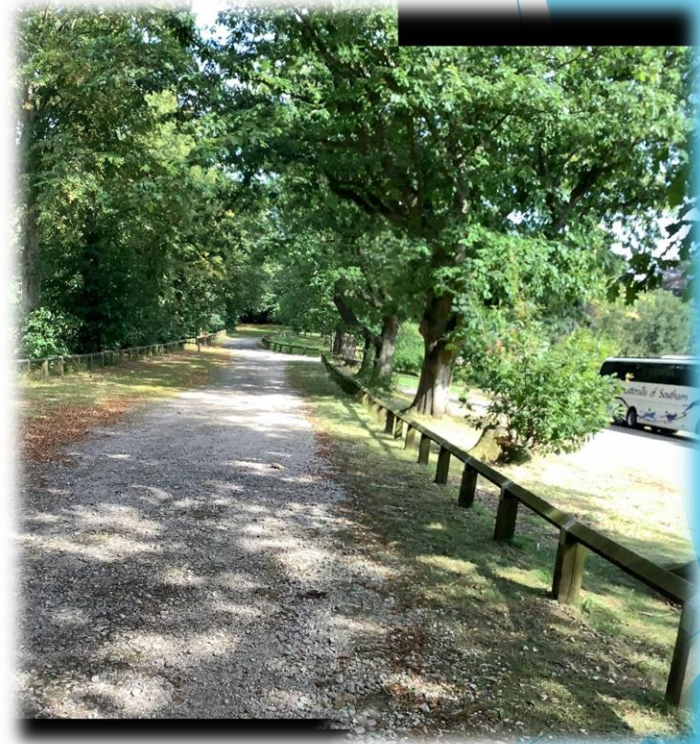
AN ADDITIONAL form will be sent to you requiring the following information:

- Telephone numbers
- Medication
 - Inhalers
 - Travel sickness
 - Daily medicine
- Dietary requirements
 - Allergies
 - Religious reasons



Where can I find out more?

<http://www.beadesert.org>



A copy of these slides will be provided for you following the meeting and will be available to view on our school website.

Any questions?
Thank you for
coming 😊

